

Softball CLINICS



Pitching

Team Pitching Instruction - \$35/hour

Individual pitching Instruction - \$25/hour

Instructor: Elishia Stordy – Head Coach Midget Gold 91, Gold Medal Softball Instructor

Catching

Team Catching Instruction - \$35/hour

Individual Catching Instruction - \$25/hour

Instructor: Amanda Foraiie – Member of Regina Gold 91, U of R Cougars, Team SK

General Skills – Hitting, Fielding, Throwing, Baserunning

Team Instruction - \$25/hour per instructor

Instructors – Elishia Stordy and members of the Midget Gold 91 (2009 Nationals Team SK2)

Best to have minimum of 3 instructors on site (\$75/1-hour practice, averaging \$5-7/player)

Available to be booked April – July 2010. We travel to your practice location to accommodate your team or athlete. Out of town teams, mileage is an additional cost. To book clinics for your team or to strengthen your athlete call or email:



Elishia Stordy

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Training Tomorrows Champions